



Aged Care Training Room (ACTR) CPD Solution

Continuing Professional Development for Registered and Enrolled Nurses

With over 60 aged care specific learning activities and other essential resources developed by nurses, the ACTR is the solution to meet your continuing professional development requirements for national registration.

"...The information is clear and concise. The assessments are relevant and necessary, to ensure you have understood your chosen topic. I highly recommend the ANMF ACTR to any Nurses who are looking for a convenient and prompt way to continue your CPD, in your own time, at your own pace, with no travel expenses, no seminar fees, just the joining fee, then you begin." Ms Lisa Baker EN.

CPD requirements	Aged Care Training Room CPD essentials
Minimum 20 practice specific hours of CPD per year	The ACTR provides 20 hours of aged care specific CPD per year via automatic enrolment in the ACTR annual learning plan as well as the option to self-enrol in any of the 60 aged care specific online learning activities
Learning outcomes for all CPD activity	Record of learning outcomes for all ACTR learning activities and other CPD activities
Reflection on value and effectiveness of CPD activity	Reflection evaluation attached to all CPD learning activities. You can also record other CPD activities and reflections
Annual learning needs analysis	Online CPD Learning Needs and Plan to complete in preparation for the coming registration period
Annual learning Plan	ACTR Learning Plan with a minimum 20 hours of online learning activity

NB: You will need **INTERNET EXPLORER** as your browser to access the ACTR. ANMF member annual subscription \$110 (including GST) Non - member annual subscription \$132 (including GST)

An annual subscription to the ACTR gives you access to all of the following learning activities ...



ANMF Aged Care Training Room List of Learning Activities
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learning activities

Older Peoples Physical and Mental Health Issues

1. Nutrition; Older People
2. Medication Management; Older People
3. Culturally and Linguistically Diverse Older People
4. Person Centered Dementia Care
5. Advanced Dementia and Palliative Care
6. Type 2 Diabetes; Older People
7. Parkinson's Disease
8. Mental Health and Depression; Older People
9. Musculoskeletal Conditions; Older People
10. Advanced Dementia and Palliative Care
11. Post-Traumatic Stress Disorder; Older People
12. Aboriginal and Torres Strait Islander Older People
13. Physical Activity; Older People
14. Respiratory Disease; Older People
15. Sensory Loss; Older People
16. Cardiac Disease; Older People
17. Older Peoples Mental Health Issues and Personality Disorder
18. Schizophrenia; Older People
19. Carer Issues
20. Building Service User Independence

Residential Aged Care

1. Elder Abuse
2. Fire Safety, Evacuation, Other Emergencies
3. Hazardous Manual Tasks; Manual Handling
4. Living Environment, Infection Control
5. Work Health and Safety
6. Food Services to Vulnerable Persons
7. Bullying and Harassment, Conflict Resolution
8. Aggression Minimisation, Restraint
9. Medication, Pain, Palliative Care, Sleep
10. Quality Care: Older People's Skin, Pressure Sores, Wound Management
11. Resident Rights and Responsibilities, Emotional Support, Leisure, Cultural and Spiritual Life
12. Depression, Dementia, Delirium
13. Nutrition and Hydration, Continence, Oral and Dental Care
14. Mobility and Dexterity, Rehabilitation; Falls; Sensory Loss



ANMF Aged Care Training Room List of Learning Activities
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Community Aged Care

1. Elder Abuse
2. Home Fire Safety; Fire Fighting and Emergency Control; Evacuation; Security; Other Emergencies
4. CPR Update
5. Hazardous Manual Tasks; Manual Handling
6. Infection Control
7. Work Health and Safety
8. Bullying and Harassment; Conflict Resolution
9. Aggression Minimisation; Restraint
10. Older People's Skin; Pressure Sores, Wounds
11. Rights and Responsibilities; Emotional Support; CALD Older People
12. Mental health; Depression; Dementia; Delirium; Behavioural Management
13. Nutrition & Hydration; Oral Care; Dental Care; Continence Management
14. Mobility and Dexterity; Falls; Rehabilitation; Sensory Loss
15. Medication Management; Pain Management; Palliative Care; Sleep
16. Building Service User Independence
17. Regulatory Compliance
18. Privacy and Confidentiality
19. Community Understanding and Engagement
20. Complaints and Service User Feedback
21. Service User Access and Referral
22. Service User Assessment and Reassessment
23. Effective Management
24. Care Plan Development and Delivery
25. Continuous Improvement
26. Information Provision
27. Advocacy

Please contact Jodie Davis ANMF Federal Education Officer for more information.
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