Organ and tissue donation for transplantation

Organ and tissue donation allows for transplantation, an accepted therapeutic treatment¹.

Organs and tissues can be donated by people with a clinical determination of “brain death”, or following death (non-beating-heart donors)². In some circumstances, organs and tissues can be donated by people who are living (living donors)³.

The Australian Nursing and Midwifery Federation supports the Federal Government’s objective to increase the capability and capacity within the health systems to maximise donation rates and to raise community awareness and stakeholder engagement to promote organ and tissue donation for transplantation.

Nurses and midwives play a pivotal role in the organ donation and transplantation process and should be familiar with government and local health authority policies and procedures regarding organ and tissue donation. There should be educational investment to enable the nursing and midwifery workforce to support the national health reform agenda⁴.

It is the position of the Australian Nursing and Midwifery Federation that:

1. The provision of nursing or midwifery care to the individual takes precedence over the person’s potential to donate organs and tissues.

2. A person’s decision about donating his or her organs or tissues should be respected.

3. Nurses and midwives must be enabled to fulfil their duty of care obligations and are encouraged to follow the ethical guidelines set down by the National Health and Medical Research Council (NHMRC)⁵, the International Council of Nurses (ICN) Code of Ethics⁶ for Nurses, and International Confederation of Midwives (ICM) Code of Ethics for Midwives⁷.

4. Greater efforts in identifying potential donors by health care providers, such as nurses or midwives, together with an increased awareness and acceptance of organ and tissue donation by the general public, will potentially increase the number of donor organs and tissues for transplantation. Nurses and midwives should continue to raise community awareness and stakeholder engagement across Australia to promote organ and tissue donation⁸.

5. Timely liaison with other health practitioners, including organ donor coordinators, is essential to ensure that an effective team approach to organ donation is achieved. This will ensure legal obligations are met, appropriate family discussions take place, and the psychological, cultural and spiritual needs of families are recognised.

6. Health care services engaging in organ and tissue donation must have appropriate policies in place to protect donors; as well as guidelines for the support of donor families and hospital staff. These policies and guidelines must reflect the relevant Human Tissue Acts (however titled) throughout Australia.

7. Effective liaison with transplant recipient coordinators, transplant teams and direct care staff, including nurses and midwives, is essential to support optimal care outcomes for transplant recipients.
8. All health care services involved in the donation of organs from a living person must have policies that reflect the Human Tissue Acts (however titled) across Australia and are in close alignment with the NHMRC ethical guidelines and the national health reform agenda.

9. Health care services engaging in transplantation must have appropriate policies and guidelines in place to protect the person receiving a transplant.

10. Health care services engaging in transplantation should employ registered nurse coordinators/consultants to work with transplant recipients and/or their families to coordinate care along the continuum of the person’s journey.

11. Access to organ and tissue transplantation must be provided equitably to potential recipients and there should be transparency in the allocation process.

12. Counselling and other assistance must be made available to health care staff who may experience stress during the process of an individual’s death, organ and tissue donation and care of the donor’s family.

13. Where the donor is unknown to the recipient, confidentiality of information is essential; the anonymity of the donor, recipient and their respective families must be preserved. Disclosure of identifying information other than to health practitioners involved in the process is prohibited.

14. The sale of organ and/or tissues is strictly prohibited by state and territory legislation.

Endorsed by Federal Council September 1994
Reviewed and re-endorsed November 1996
Reviewed and re-endorsed August 2005
Reviewed and re-endorsed November 2008
Reviewed and re-endorsed November 2011
Reviewed and re-endorsed August 2015
Reviewed and re-endorsed August 2016
Reviewed and re-endorsed August 2021

References
5. National Health and Medical Research Council (2016). Ethical guidelines for organ transplantation from deceased donors. Canberra: NHMRC.